



## RFC Fall & Winter Member Schedule

Valid from Sept. 5th to Dec. 31st, 2016

Club Closed 9/5, 10/28-10/30, 11/23-11/27, 12/24-12/26



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Class Type		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Youth	FitKids (4-6 yr)		10:00-10:45 AM*	4:30 - 5:15	10:00-10:45 AM*		9:00 - 9:45 AM
	Beginner (7-12 yr)		4:30 - 6:00	4:30 - 6:00			9:00 - 10:30 AM
	Competitive (Saber)	4:30 - 6:00			4:30 - 6:00		
	Competitive (Epee)	6:00 - 7:30			6:00 - 7:30		
	Competitive (Foil)	6:00 - 7:30			6:00 - 7:30		
	Competitive Plus (All)		4:30-6:00		6:00 - 7:30		
Allstars	Youth (All weapons)		6:00 - 8:00				
	Cdt/Jr (All weapons)		6:00 - 8:00				
Cdt/ Jr / Veteran	Competitive (Saber)	4:15 - 6:15			4:15 - 6:15	4:30 - 7:00	
	Competitive (Epee)	6:00 - 8:00			6:00 - 8:00	4:30 - 7:00	
	Competitive (Foil)	6:00 - 8:00			6:00 - 8:00	4:30 - 7:00	
Open (13+)	Group Class		8:00 - 9:30	6:00 - 7:30			11:00 - 12:30
	Fencing for Fitness			7:30 - 8:30			12:30 - 1:30
	RIT Class	8:00 - 10:00					
	Open Floor Time**	8:00 - 10:00		7:00-8:30		4:30-7:00	

\*\* Please check-in at the front desk for available open strips — Open to all competitive members or you must have taken at least 2 classes and/or at least 2 private lessons . Other days may be added depending on demand.  
 Check the website for more details on our recreation center, camps and homeschool sessions

Please check us out on Facebook for updated information, closings and events.

Facebook: [www.facebook.com/rocfencing](http://www.facebook.com/rocfencing)

Twitter: @rocfencingclub and Instagram: @rocfencing

